



Summer...time to reflect!

A 10-minute devotion
for kids

From First Congregational Church
in Winchester, UCC

Read this...

Exodus 19:3-5

4 You have seen how I
bore you on eagles'
wings and brought you
to myself.



Reflect on this...

- Eagles have such wide and strong wings that God uses them to illustrate how strong and wide God's arms are.
- Eagles have excellent eyesight and can see the earth from way up high. God sees us even more clearly than an eagle would. Eagles look from place to place but God is always looking out for us.
- Have you seen an eagle in flight? Their wings are so wide and strong that they can coast for a long time without having to flap them again. God's love is so strong, it is like an eagle in flight who swoops under us when we are in trouble. God supports us with a strength nothing can match.

Wonder about this...

- When God carries us on arms strong like an eagle's wings, what is God doing? (the writer of Exodus tells us)
- If you could soar above the earth like an eagle, what do you think you would see?
- Do you think you might see people who need help? We cannot soar and see like God. What are some other ways we can find people who need our help?

Pray like this...

Dear God, thank you for all the birds – those who stay close to land and those who soar way overhead. We are grateful for the ways you carry and care for us. We know you care for all people; some of them need food and shelter. Strengthen us that we may have eager helping hands and tender loving hearts. We pray for all those who are sick. We pray for all those who are lonely. We pray for all those who are afraid. Sometimes we are sick or lonely or afraid, too. Remind us to trust your strong eagle wings and to use our strength to help others. Amen.