



# SUMMER...TIME TO REFLECT!

A 10-MINUTE DEVOTION

FOR KIDS

FROM FIRST CONGREGATIONAL CHURCH

IN WINCHESTER, UCC

READ THIS...

John 13:5

5 Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him.



# REFLECT ON THIS...

- IT IS VERY HOT THIS WEEK. PUTTING YOUR FEET IN A BASIN (A BASIN IS LIKE A LARGE BOWL, THE KIND YOU MIGHT WASH DISHES OR CLOTHES IN) OF COOL WATER WOULD FEEL VERY GOOD.
- IN JESUS' TIME, PEOPLE WORE SANDALS OR NO SHOES AT ALL. EITHER WAY THEIR FEET WERE EXPOSED TO DUST AND DIRT; THEY SOMETIMES GOT CUT OR CRACKED.
- JESUS WASHED THE DISCIPLES FEET TO REFRESH THEM. HE ALSO WANTED TO SHOW THEM THAT HE WAS NOT TOO IMPORTANT TO DO THIS GENTLE AND LOVING THING.

# WONDER ABOUT THIS...

- WHAT DOES IT FEEL LIKE TO HAVE SOMEONE ELSE WASH YOU, WASH YOUR FEET? HOW WOULD THAT FEELING CHANGE IF IT WAS JESUS WASHING YOUR FEET?
- WE GENERALLY WASH OUR WHOLE BODY IN A BATH OR A SHOWER. OUR FEET GET DIRTY BUT THEY DON'T TAKE THE PUNISHMENT THE DISCIPLES FEET DID. IN OUR TIME, WHAT WOULD BE A SIMPLE WAY TO COMMUNICATE LOVE TO SOMEONE YOU CARE ABOUT?

## PRAY LIKE THIS...

DEAR JESUS, YOU ARE AMAZING AND HUMBLE TO WASH THE FEET OF YOUR DISCIPLES. HELP US TO FIND WAYS TO OFFER HEALING AND REFRESHMENT TO OTHERS. WE THANK YOU FOR THE GIFT AND WONDER OF WATER. HELP US TO RESPECT THIS GIFT AND NOT WASTE IT. JESUS, THERE IS THIS BIG SICKNESS, THE VIRUS, GOING ON NOW. SEND YOUR HEALING LOVE TO THOSE WHO ARE SICK AND THOSE WHO CARE FOR THEM. WATCH OVER OUR LOVED ONES AND HELP US REMEMBER THAT YOU ARE ALWAYS WITH US. AMEN.